

# Sacred Heart Catholic Church



3900 Arthur Drive, P. O. Box 10  
Delta, B.C. V4K 3N5 Telephone: 604-946-4522  
Email: [sacredheartparish@shsdelta.org](mailto:sacredheartparish@shsdelta.org)

Parish Website: [www.sacredheartparish.ca](http://www.sacredheartparish.ca)  
Roman Catholic Archdiocese of Vancouver  
604-683-0281 Website: <https://rcav.org/>

## Augustinian Friars in the Parish:

Fr. Francis Galvan, OSA – Pastor  
Fr. Michael Martell OSA



The Archbishop of Vancouver, following the Provincial Health Order from Dr. Bonnie Henry, directs that all Masses, whether Sunday or weekday, beginning on Friday, November 20th and until further notice, are to be offered without public congregation.

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Our in-person drive through Sunday Adoration is cancelled until further notice.

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Individual Confessions Saturday from 10am-11am in the Chapel.

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Live streaming of Mass on YouTube, Saturdays at 6pm.

Search:

Sacred Heart Parish Delta

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Chapel is open daily from 10am to 4pm for private prayer. (Except Sundays and holidays)

**Baptisms:** Please contact parish office for more information.

## PARISH CONTACTS

Doug Lynes	Parish Financial Manager	940-0583
Barry Marshall	Maintenance/Rentals	319-4740
John Barker	Choir Director/Music	943-7558
Erin Seddon	Religious Ed. (PREP)	946-2618
Kelly Kozack Brandy Grund	School Principal Vice-Principal	946-2611
Mylene Lock	Lil Saints Preschool	946-4525
Martin Grund	Youth Ministry (Gr 8+)	magsh@axionet.com

## First Sunday of Lent

February 21st, 2021

Repent, and believe in the Good News.

Mark 1.12-15

**Sunday Focus:** If we go into the desert with Jesus this Lent, his grace will move us forward in our life of faith. Lent isn't an end unto itself; we go into the desert with Jesus in order to advance in holiness and in our spiritual life. All the blessings and trials in our lives are not closed events. They're precursors to more: greater trust in God, deeper union with him, and a greater sense of our mission to proclaim the kingdom of God.

## Drive-In Communion on Saturday and Sunday.

For contact tracing purposes - If you wish to receive Holy Communion through our drive-in please call the parish office to register for a time spot.

**Drive-In Mass at Sacred Heart Parish.** We invite our parishioners to attend our Drive-In Mass on Sunday mornings at 9am. You remain in your vehicle and listen to the Mass on your car radio. Fr. Francis has an outdoor altar set up in front of the cars. Sorry, no washrooms are available. Holy Communion will be distributed at the end of Mass. We are limited to 50 cars maximum and you must be registered through the parish office. Once registered you will receive a gate entrance ticket. Please call for more information.

Parish Office: 604-946-4522

### Fast and abstain on upcoming Holy days

The Church prescribes fasting (only one full meal and two smaller meals which together are not greater than a full meal) and abstinence from meat on Ash Wednesday and Good Friday. Catholics aged 18-59 are bound to fast; those 14-59 to abstinence. Those who are ill are freed from these obligations. Everyone, even those above the age of 59, are encouraged to fast and abstain. All Fridays during Lent are days of abstinence but Catholics may substitute special acts of charity or piety in place of abstinence. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance.

### 2020 Income Tax Receipts

Due to COVID, this year we will be having different options available for our parishioners to receive their tax receipts.

#### Starting Wednesday, Feb 24th

- 1) You can pick up at the office – during office hours. **Please email or call ahead.** (Please call only during office hours).
- 2) We will have a **Drive-Through Pick-Up Day, Saturday, Feb 27<sup>th</sup> from 10am-12pm in front of the Church.**
- 3) Receipts that have not been picked up by Wednesday, March 10th will be mailed unless you have called to make other arrangements.
- 4) If you are going to ask someone else to pick up on your behalf please notify the parish office first.

At this time we would like to take this opportunity to thank our parishioners for their ongoing financial support of the parish. It is greatly appreciated.

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**Needed: Bikes in good condition for our Migrant Workers.** If you have a bicycle to donate please call the parish office and we can arrange for pick up or drop off. 604-946-4522 Ext 100. Thank you for your generosity.

Please join us for the virtual **2021 Annual World Day of Prayer** on Monday 1st March at 7pm, hosted by St. Monica Guild. This year the program was put together by the women of Vanuatuthe (a small group of islands off the coast of Australia) To register for the Zoom link or for more information please email Lynne Willox at [saintmonicaguild@shsdelta.org](mailto:saintmonicaguild@shsdelta.org) or call 604-789-2912



If you are using offertory envelope **#49** can you please let us know whom you are if you wish to receive a tax receipt. Please contact the parish office at 604-946-4522.

### **SUNDAY COLLECTION REPORT** **Year to date up to Jan 24th, 2021**

	<u>Actual</u>	<u>Target</u>	<u>Variance</u>
Year to Date	\$37,280	\$59,925	-\$22,645

**Our pastoral staff would like to thank everyone for their continued prayers and support for our parish community.** Your support has been and will continue to be important to our parish during this difficult time. If you wish at this time to make a donation, please use one of the following methods.

- 1) Secure mailbox in front of Monastery.
- 2) Mail to Parish: **PO BOX 10 Stn. Main, Delta B.C. V4K 3N5**
- 3) Join our PAP program by calling or emailing the office.
- 4) If you are unable to drop off or mail in your donation please call the parish office and we can make arrangements to have it picked up.

Thank you for your ongoing financial contributions to the parish.

**Online PREP Classes** take place Tuesdays at various assigned after-school times per grade. Newcomers are welcome to participate in our online PREP Classes or Supported Home-School for children attending public, private non-Catholic or home school (K-Gr 7).

Contact **Erin Seddon** our Prep and Religious Education Coordinator at (604) 946-2618 or [eseddon@shsdelta.org](mailto:eseddon@shsdelta.org)



## Stewardship Reflection

*“After John had been arrested, Jesus came to Galilee proclaiming the gospel of God....” - Mark 1:14*

Do you ever think about how difficult it must have been for Jesus to come into Galilee, knowing that John had just been arrested for teaching the same message that Jesus was proclaiming. It must have taken great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, following a life of stewardship takes great love and trust from us. We must be willing to surrender completely to God, trusting that God will always give us all that we need to fulfill His plan for us. *From RCAV Copyright © 2021 Archdiocese of St. Louis*

### **Into the Deep: The Laity and the Call to Conversion**

We are all called to conversion and Lent provides us with a special moment to reflect on its true and continuing significance. We sometimes think that the act of conversion is singular, uniquely personal, my own. But, in fact, we are all agents of conversion as well. Conversion is not merely individualistic. It is communal. It has a social dimension. It calls us to a deeper fidelity to Jesus. Join Dr. Michael Higgins, author, scholar, and educator, as we journey through this Lenten season and open ourselves to the call of continued conversion. This event will take place Friday, Feb. 26 at 7:00 pm on Zoom. Register online for free at [beholdvancouver.org/events](https://beholdvancouver.org/events)

### **And Jesus Looked at Him: Look of Love Lenten Retreat**

Join us on Saturday, Feb. 27 at 8:45 am - 12:00 pm for a Lenten Retreat. Inviting all who desire a retreat to reflect on scripture, poetry, art, and music as we journey into the holy season of Lent. This morning online retreat features opportunities to sense God beholding us with love and nourishing dream for us. The retreat includes short inspiring talks, guided prayer materials, quiet time for individual prayer, and small group faith-sharing in breakout rooms. Suggested donation \$35-60+ (students \$20) plus GST. Register online at [beholdvancouver.org/events](https://beholdvancouver.org/events)

### **A Heart Open to the Whole World Retreat**

SFU Chaplaincy invites you to a free retreat to discover and share the gifts of each person, and to grow in mutual respect as part of the larger human family on Saturday, Feb. 27 from 2:00 - 4:00 pm. There will be reflections, testimonies, poems, songs, and group sharing. Let's explore together how love can build bridges. All are welcome. Please register at [bit.ly/SFURetreat](https://bit.ly/SFURetreat)

### **A Lenten Retreat: Combatting the Evil One by the Power of the Lord**

This Lenten retreat is based on the writings of Gabriele Amorth, Gianluigi Pasquale, and Saint Padre Pio. The power of evil forces is identified in the light of the Scriptures. Fr. Bellusci will unveil Padre Pio's interior life and his battle with evil forces. The spiritual battle in the life of Padre Pio teaches us our need for Jesus Christ and the Sacraments of the Church. We are victorious in Christ who is our strength. Come and join our Lenten retreat with Fr. David Bellusci, OP on Saturday, March 6 at 7:00 pm. Register online for free at [beholdvancouver.org](https://beholdvancouver.org).

### **Catholic Street Missionaries One-Day Training and Outreach for Young Adults**

We love meeting new people, making new friends, sharing our love for God, praying for His presence and guidance, and going out bringing His hope and love to the homeless, the addicted, and the prostituted. Spend a day with us reaching out to our less privileged brothers and sisters on the streets of Vancouver. Young adults ages 19-39 who would like to serve Jesus in the poor are invited to join on Sunday, Feb. 28 from 10:30 am - 4:30 pm. We will meet at Holy Rosary Cathedral. Our session will include Bible meditation, training, homeless outreach, and sharing at the end. (All participants must meet online at 10:30 am to attend the training before joining us for outreach in-person). Register online at [catholicstreetmissionaries.org](https://catholicstreetmissionaries.org)

### **Ministry to Divorced and Separated**

Join us for an online series hosted by the RCAV's Ministry to Divorced and Separated including small-group discussion, online rosary, and presentations. Learn more at [beholdvancouver.org/events](https://beholdvancouver.org/events)

### **40 Days for Life - Daily Online Rosary during Lent**

Join us for the 40 Days for Life Evening Zoom Rosary at 8:00 pm every night throughout Lent. Sign-up at [beholdvancouver.org/events](https://beholdvancouver.org/events)

**Pope at Ash Wednesday Mass: Lent is a journey of return to God-** As the Church begins the holy season of Lent, Pope Francis celebrated Mass for Ash Wednesday, with the blessing and imposition of ashes.

In his homily, the Holy Father reflected on Lent as a journey of return to God and as an opportunity to deepen our love of our brothers and sisters.

God, said the Pope, is appealing to our hearts and our entire being, inviting us to Him.

“It is a time to reconsider the path we are taking,” he said, “to find the route that leads us home and to rediscover our profound relationship with God, on whom everything depends.”

### **From slavery to freedom**

He urged Christians to evaluate the direction our lives are headed and how steadfastly we walk along our path toward God. “The journey of Lent is an exodus from slavery to freedom,” he said. As we progress, we will feel tempted to return to our old habits and illusions. But, noted the Pope, we can rediscover our way by looking to the Word of God, no matter how many times we stumble.

### **To the Father, Son, and Holy Spirit**

Pope Francis said the first step of Lent involves returning to the Father, by accepting God’s forgiveness in the Sacrament of Confession.

“It is the Father’s forgiveness that always set us back on our feet,” he said.

Next, he said, we need to return to Jesus. Like the leper who returned to thank Him, we too “need Jesus’ healing. We need to present our wounds to Him and say: ‘Jesus, I am in your presence, with my sin, with my sorrows. You are the physician. You can set me free. Heal my heart.’” Then, said the Pope, we are invited to return to the Holy Spirit.

The ashes sprinkled on our heads, he pointed out, remind us that we are dust. “Yet upon this dust of ours, God blew His Spirit of life.”

### **In heartfelt reconciliation**

The Holy Father went on to note that our return journey to God is only possible because He “first journeyed to us.”

Because Jesus embraced our sin and death, “our journey then is about letting Him take us by the hand.”

Our response to God’s invitation, said the Pope, involves heartfelt reconciliation, “with the deeds and practices that express it.”

### **A descent in love**

Finally, Pope Francis reminded us that Lent is the proper time both to journey toward God and toward our brothers and sisters.

“Lent is a humble descent both inwards and towards others,” he said. “It is about realizing that salvation is not an ascent to glory, but a descent in love.”

No matter how often we stumble, concluded the Pope, we can always turn to the Cross of Christ and contemplate in His wounds our own shortcomings and emptiness.

“By kissing those wounds, we will come to realize that there, in life’s most painful wounds, God awaits us with His infinite mercy.”

**By Devin Watkins @ Vatican News**

**<https://www.vaticannews.va/en/pope/news/2021-02/pope-francis-ash-wednesday-mass-lent-return-god.html>**