

Sacred Heart Catholic Church



3900 Arthur Drive, P. O. Box 10
Delta, B.C. V4K 3N5 Telephone: 604-946-4522
Email: sacredheartparish@shsdelta.org

Parish Website: www.sacredheartparish.ca
Roman Catholic Archdiocese of Vancouver
604-683-0281 Website: <https://rcav.org/>

Augustinian Friars in the Parish:

Fr. Francis Galvan, OSA – Pastor
Fr. Michael Martell OSA

The Archbishop of Vancouver, following the Provincial Health Order from Dr. Bonnie Henry, directs that all Masses, whether Sunday or weekday, beginning on Friday, November 20th and until further notice, are to be offered without public congregation.

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Our in-person drive through Sunday Adoration is cancelled until further notice.

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Individual Confessions Saturday from 10am-11am in the Chapel.

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Live streaming of Mass on YouTube, Saturdays at 6pm.

Search:

Sacred Heart Parish Delta

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Chapel is open daily from 10am to 4pm for private prayer. (Except Sundays and holidays)

Baptisms: Please contact parish office for more information.

PARISH CONTACTS

Doug Lynes	Parish Financial Manager	940-0583
Barry Marshall	Maintenance/Rentals	319-4740
John Barker	Choir Director/Music	943-7558
Erin Seddon	Religious Ed. (PREP)	946-2618
Kelly Kozack Brandy Grund	School Principal Vice-Principal	946-2611
Mylene Lock	Lil Saints Preschool	946-4525
Martin Grund	Youth Ministry (Gr 8+)	magsh@axionet.com



Fifth Sunday in Ordinary Time

February 7th, 2021

*Jesus went to a deserted place,
and there he prayed.*

Mark 1.29-39

Sunday Focus: Although we may know despair, we are called to live in hope. Despair and grief are part of the human condition, and are often brought on because of loss or suffering. In Christ, however, we experience hope and healing. As disciples working to build the kingdom of God on earth, let us, like Saint Paul, willingly take the Gospel to others and share our hope freely with them. **LITURGY OF THE WORD** Job expresses his despair, describing life without hope or happiness. Saint Paul writes that he has no reason to boast – that preaching the Gospel is an obligation. Thus, he offers the Gospel free of charge and has become all things to all, to save at least some. In the Gospel, Jesus touches and cures Simon's mother-in-law, as well as many others, throughout the whole of Galilee.

World Day of the Sick on Feb. 11. We invite you to submit in your prayer requests for you and your family members experiencing illness so that we may pray for them together as a parish community on the **World Day of the Sick, Thursday, Feb. 11** - You may drop them off at the parish office mailbox, chapel, email or postal mail them in. (No phone calls please) We will post the Mass on our Facebook page after 10am for you to watch.

Daily Mass with Fr. Francis is posted to SHP Facebook page at around 10am daily. Please search for Sacred Heart Parish Delta. (Monday to Saturday)



Second Collection The BC Catholic Newspaper Collection will take place this **Sunday, Feb 7th**. This annual collection helps offset the parish's cost of sending the newspaper to parishioner's homes. If you already receive the newspaper (or desire to sign up) and want to switch to an **environmentally and COVID friendly digital copy** please let us know by email, phone or indicate that on your donation envelope. A suggested donation amount is \$20.00/year

Online PREP Classes take place Tuesdays-Newcomers are welcome to participate in our PREP Online Classes (K-Gr 7). To learn more, contact: Erin Seddon, PREP Coordinator: eseddon@shsdelta.org or (604) 946-2618.

Our Lil' Saints Preschool is now accepting registrations for the school year 2021-2022. Registration package is available online: lilsaintspreschool.org
Call Mylene Lock at 604-551-0827 or email: lil'saintspreschool@shsdelta.org if you need more information.



Lil' Saints preschool is looking for an assistant teacher for one of our classrooms. ECE or ECEA certified preferred. We offer competitive salaries for qualified candidates. Call Mylene Lock at 604-551-0827 or email: lil'saintspreschool@shsdelta.org for more information.



Needed: Bikes in good condition for our Migrant Workers. If you have a bicycle to donate please call the parish office and we can arrange for pick up or drop off. 604-946-4522 Ext 100. Thank you for your generosity.

SUNDAY COLLECTION REPORT
Year to date up to Jan 10th, 2021

	<u>Actual</u>	<u>Target</u>	<u>Variance</u>
Year to Date	\$20,290	\$35,955	-\$15,665

Our pastoral staff would like to thank everyone for their continued prayers and support for our parish community. Your support has been and will continue to be important to our parish during this difficult time. If you wish at this time to make a donation, please use one of the following methods.

- 1) Secure mailbox in front of Monastery.
- 2) Mail to Parish: **PO BOX 10 Stn. Main, Delta B.C. V4K 3N5**
- 3) Join our PAP program by calling or emailing the office.
- 4) If you are unable to drop off or mail in your donation please call the parish office and we can make arrangements to have it picked up.

2021 Donation Envelopes – Due to COVID and the cancellation of Masses we are asking parishioners to please pick up their offertory envelopes this year from either the front of the Monastery or Chapel area. There will be boxes available 7 days a week. If you are unable to get here please call the parish office and we can arrange to get the box to you. Thank you for your ongoing financial contributions to the parish.



“Rising very early before dawn, he left and went off to a deserted place, where he prayed...He told them, ‘Let us go on to the nearby villages that I may preach there also. For this purpose have I come.’” Mark 1:35, 38

In today's Gospel reading we see a perfect example of stewardship. Jesus gives His time to do all that God wishes - healing the sick and preaching. But before He begins, Jesus makes time to be alone with God in prayer. It is through prayer, spending time with God, that we find the strength to do what He wishes us to do. Be sure to find time every day to be with God. *From RCAV: Copyright © 2021 Archdiocese of St. Louis*

Virtual Worldwide Marriage Encounter

If you desire to restore communication & rekindle romance, this weekend is for you! No travel required means you can participate from the comfort of your own home. This weekend is presented by a team of 3 couples and a priest who will help you to learn tools to make your relationship a priority, communicate from the heart, grow in intimacy, renew your commitment to each other, and value the precious gift of your marriage.

It sounds intense but it is a weekend guaranteed to transform your marriage (or you can get your old relationship back!) Rest assured, you won't be staring at your screen the entire time either. The weekend flows nicely between screen presentations and couple work (time off-screen). Join us on Feb. 26-28 (Registration deadline is Feb. 19) OR May 14-16 (Registration deadline is May 7). Register now at beholdvancouver.org/events

Fr. Jim Nisbet Catholic Bible Seminar

Fr. Jim Nisbet, the renowned Bible scholar and international speaker, will be hosting an online presentation on the Second Letter to Timothy and the Gospel of Mark. As a bonus, Fr. Jim will hold a lenten three-day retreat: on Friday, Feb. 19 from 7:00 to 9:00 pm as well as Saturday and Sunday, Feb. 20 and 21 from 9:00 am to 4:00 pm with breaks. Please pre-register for \$75 per person. For more information visit beholdvancouver.org or send an email to biblestudies@shaw.ca.

Pope at Audience: Liturgy and prayer unite us to Christ

Pope Francis continues his catechesis on Christian prayer at the weekly General Audience, and reflects on how liturgical prayer unites us to Christ.

In his continuing catechesis on Christian prayer, the Pope spoke about how the Church's liturgical celebrations make Christ present in our lives.

He began by noting that Christian history is rife with movements which pushed liturgical rites aside. "Often," he said, "this tendency claimed the supposed greater purity of a religiousness that did not depend on external ceremonies, which were considered a useless or harmful burden."

Many modern Catholics, he added, attend Mass on Sunday but feed their own spirituality through various personal devotions.

Liturgy and life Pope Francis went on to say that the Church has made much progress in recent decades regarding the centrality of the liturgy in the life of faith. Christian prayer, he said, is closely linked to concrete expressions of faith, such as Sacred Scripture, the Sacraments, and liturgical rites. "In Christian life, the corporeal and material sphere may not be dispensed with, because in Jesus Christ it became the way of salvation," he said.

Prayer based in liturgy Liturgy, said the Pope, is more than just spontaneous prayer. "It is an act that founds the whole Christian experience and, therefore, also prayer. It is event, it is happening, it is presence, it is an encounter with Christ." He said Jesus Christ "makes himself present in the Holy Spirit through the sacramental signs." "Christianity without a liturgy is a Christianity without Christ," he stressed.

Heartfelt participation The Pope continued by saying the liturgy, by its very nature, invites us to participate fully, so that we might receive the grace God offers through it.

"Many Christian prayers do not originate from the liturgy," he said, "but all of them, if they are Christian, presuppose the liturgy, that is, the sacramental mediation of Jesus Christ." Christ, he added, is present every time a Sacrament is celebrated.

'Celebrating' the liturgy Pope Francis said prayer is what allows us to interiorize Jesus' sacramental presence. "What is external to us becomes part of us", a reality expressed in the natural action of eating.

"The Mass cannot simply be 'listened to'," he pointed out, "as if we were merely spectators of something that slips away without our involvement. The Mass is always *celebrated*, and not only by the priest who presides over it, but by all Christians who experience it."

Christ is the center The Pope concluded his catechesis noting that Christ is the centre of the liturgy, and that every Christian is invited to participate wholeheartedly in the Sacraments.

"Life is called to become worship to God, but this cannot happen without prayer, especially liturgical prayer."

**By Devin Watkins – Vatican News –
From the Vatican Website**

<https://www.vaticannews.va/>